

# Maria (Elmarie) Midcalf

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# CV

## Profile

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A mother of three and grandmother of two wonderful darlings. I have experience in caring for patients suffering from dementia, Alzheimer's and various physical disabilities. I have a nursing qualification. An effective and sympathetic communicator.

## Experience

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### **Live-in Carer for Mrs. Zichella (Stellenbosch)**

**March 2017 – Feb 2018**

Mrs. Zichella is in the early stages of dementia. I currently administer daily medication, assist her with bathing and getting dressed, as well as performing household duties (including cooking).

### **Live-in Carer for Mr. Neven (Erinvale, Somerset West)**

**November 2015 – March 2017**

Mr. Neven had already been diagnosed with skin cancer and an eye disease when I started caring for him. At the time, he also had a coccyx fracture. My responsibilities included dressing wounds and administering eye drops at four-hour intervals as well as other medication. Towards the end, Mr. Neven required lifting, bathing and help getting dressed. It is with sadness that I say goodbye to him and his family, as he recently passed away at the age of 89. The job also entailed cooking and light housework.

### **Live-in Carer for Ms. Edmunds (George, South Africa)**

**August - October 2015**

Ms. Edmunds was in the early stages of Dementia.

### **Daily Carer for Mrs. Will (Helderberg Village)**

**June & July 2015**

Mrs. Will was in the beginning stages of Dementia when I cared for her. Her daughter thought it best for her to return to her homeland of Germany in July.

### **Live-in Carer for Yvonne Light (Helderberg Village)**

**July 2013 to April 2015**

Mrs. Light suffered from Dementia and I took care of her, administered medication, took her out shopping, to the doctor and her weekly hair appointment until she became too weak and had to stay in bed. Thereafter, I saw to her needs as a bed-ridden patient (sponge-baths, medication, turning, monitoring) until she passed away.

### **Assistant Nurse, Helderberg Village (Frail Care Unit)**

**Feb 2013 to July 2013**

### **Live-in Carer, UK (Various Postings – Country Cousins)**

**Feb 2005 to August 2012**



<b>Cherry Orchard Nursery School Principal (Nelspruit)</b>	<b>1999</b>
<b>Stay-at-home Mom</b>	<b>1988 to 1999</b>
<b>GEMS Baby Care Centre Director &amp; Owner</b>	<b>1984 to 1987</b>
<b>Medical Nurse, Rob Ferreira Hospital (Nelspruit)</b>	<b>1980 to 1981</b>

## **Education**

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**Nursing Diploma, Nelspruit** **1980**  
Currently registered with the SANC as a Nursing Auxiliary.

## **Key Skills**

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**Cooking**

**Driving**

**Administering medication**

**Intensive care work**

## **Personal Details**

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**Date of Birth: 22 July 1947**

**Nationality: British & South African**

**Health: Non-smoker**

**License: Full, clean driving license and own car**

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## **Interests**

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**Outdoors**

**Cooking**

**Reading**

**Walking**

## **References**

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**Available on Request**